

**PHYSICAL ACTIVITY SPECIALIST -**

**WEIGHT MANAGEMENT**

**Full Time Role Available (Fixed Term 12 months) - £22,672 - £25,000**

An exciting opportunity is available for an enthusiastic, dynamic and motivated, Physical Activity Specialist ideally with a REPs Level 3 Registration (Level 4 Obesity and Weight Management desirable) qualification, experience and a special interest in health promotion within specialised population groups.

Working within our Weight Management Team alongside Nutritionists you will support delivery of the Tier-2 and Tier-3 adult weight management service’s throughout Cambridgeshire and Peterborough.  The ideal candidate(s) will need to be open to travel and support teams throughout the county as required.

**The successful candidate will have:**

* Sound knowledge of prescribing exercise and advising on physical activity to special populations specifically obesity as well as at population / community level.
* Knowledge of specific physical activity and exercise requirements for delivering appropriate weight management programmes for adults.
* Minimum of two years’ experience working in a physical activity setting.
* Experience of working with both adults in a one-to-one and group environment, to support positive lifestyle change.
* Degree or Diploma in relevant subject area, or equivalent knowledge and experience gained through working in a specialised physical activity role. REPs Level 3 Registration (REPS Level 4 Obesity and Weight Management desirable) and/or Member of CIMSPA at Practitioner level.

**Is this role for you?** Are you motivated, proactive, and passionate about supporting people live healthier lives? Would you like to work as part of a dynamic, fast-paced, knowledgeable team, working closely with community organisations? Are you enthusiastic and are you able to motive others into changing their lives for the better? If so, we would like to have you on our team.

**To apply:**  For more information and to download the job description please visit our website

<http://www.everyonehealth.co.uk/about-us/employment-opportunities/>and email your CV and supporting statement to jobs@everyonehealth.co.uk and georgiamiller@healthyyou.org.uk

**Closing date:** 04/12/2023

**Please note:**

**We do reserve the right to close this advertisement early if we receive a high volume of suitable applications.**

Everyone Health is an equal opportunities employer and an Investors in People organisation, who is committed to safeguarding and promoting the welfare of children, young people and adults. All applicants will be required to undertake checks and references prior to appointment.