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**Young Persons Stop Smoking and Vaping Practitioner**

**Cambridgeshire and Peterborough Healthy Schools Service**

**JOB DESCRIPTION**

**MAIN PURPOSE**

The Young Persons Stop Smoking and Vaping Practitioner will work primarily with Young People between the age of 12 – 18, engaging them through outreach as well as school and community-based interventions. There will be the requirement for the post holder to work flexibly ensuring their skills, expertise and knowledge are fully utilised.

**The key functions of the role are:**

* To provide information to young people who are smoking and or vaping to enable them to make an informed choice about taking steps to stop using a supportive framework in line with national and company standards.
* To develop and improve accessibility of the Catch Your Breath programme for all young people who are wanting support to stop smoking/vaping through pro-active promotion of the referral pathways amongst key health care providers, allied professionals, community development initiatives and local agencies.
* To contribute to the planning, delivery and development of the Catch Your Breath programme including specific project work.

**SUMMARY OF RESPONSIBILITIES AND DUTIES**

* Co-ordinate referrals from partner agencies to ensure a seamless transition of support.
* Plan and deliver an appropriate and accessible cessation service for young people in conjunction with the Healthy Schools Team.
* Provide cessation support including one-to-one and group sessions, assessing as applicable suitability for Stop Smoking treatments.
* Adhere to service protocols and procedures in relation to the provision of supportive pharmacotherapy medication.
* Collate accurate clinical records in line with national PHE/NCSCT requirements and inputting data into the service web-based database in a timely and professional manner.
* Support the Healthy Schools Service in delivering key performance indicators and activity as set out within the service specification.
* Work flexibly to provide a coordinated service to meet the needs of the young people. This will involve working across a range of settings – schools as well as community settings – in conjunction with partner agencies.
* Maintain up to date clinical knowledge, undertake evidence-based practice and promote the use of new and innovative practice.
* Conduct analysis and evaluation of the Catch Your Breath programme as well as designated initiatives to improve the quality of service.
* Contribute to ongoing needs assessment, audit and other governance programmes in relation to activities as part of the health improvement agenda.
* Identify and escalate any issues of concern so that appropriate action can be taken.
* Take responsibility for own professional development in accordance with the outcomes from the annual development review, to meet the requirements of the Knowledge and Skills Framework and appraisal system.
* Keep accurate records in accordance with trust policy and data protection.
* Ensure data is accurately uploaded to the client database whilst ensuring confidentiality.
* Maintain an up-to-date electronic diary that is available to colleagues within the Healthy Schools Team.
* Utilise a range of complex motivational, influencing and negotiating skills to increase the young people’s motivation and adherence to stop smoking and or vaping.
* Contribute to training, seminars and presentations across a range of agencies and organisations.

**PERSON SPECIFICATION**

**1. SKILLS & ABILITIES**

* Proven ability to relate, motivate and confidently engage young people in activities and discussion as part of a group and in one-to-one situations without passing judgement.
* Emotionally sensitive and empathetic to young people’s personal circumstances.
* Strong interpersonal and written communication skills to effectively relate to a wide range of individuals including participants, colleagues and external partners.
* Proven planning, organisational, timekeeping and evaluation skills.
* Ability to organise, monitor and check schedules to minimise error and maximise productivity.
* Proven problem-solving and decision-making skills with the ability to exercise sound judgement.
* Ability to work collaboratively as part of a multi-disciplinary team, valuing the contribution of others.
* Ability to work independently using own initiative, as well as a highly effective team member to ensure successful outcomes.
* Respect for other people – regardless of background or circumstances.
* Ability to respect confidentiality and to work flexibly with a “can do” attitude.

**2. KNOWLEDGE**

* Sound knowledge of change behaviour interventions as well as an oversight of addictive behaviour – symptoms of withdrawal and relapse
* Knowledge of NICE guidance, NCSCT and PHE standards relating to the treatment of smoking cessation and addressing vaping behaviour.
* Knowledge and understanding of the Patient Confidentiality Act, Safeguarding and the Data Protection Act.

**3. EXPERIENCE**

* Essential - experience of working with young people to achieve an improved outcome in relation to their health or education.
* Experience in promoting health improvement services and campaigns.
* Use of behaviour change models within a work context.
* Experience in building, developing and maintaining effective relationships with key stakeholders and a diverse range of groups, organisations and agencies.
* Experience of working to time managed performance targets and the achievement of these.
* Experience of training and the delivery of targeted intervention programmes on a one-to-one and small group basis.
* Experience and proficiency in using Microsoft 365 particularly Forms, Excel and PowerPoint.

**4. QUALIFICATIONS**

* NCSCT Accredited Stop Smoking Practitioner (or willingness to achieve within 3 months of commencing.)
* RSPH level 2 in Understanding Behaviour Change and/or Understanding Health Improvement (or willingness to achieve within 3 months of commencing.)
* Diploma or Degree of Higher Education.

**5. SPECIAL CONDITIONS**

* Highly motivated self-starter with resilience, determination and the ability to see tasks through to completion.
* The role requires a variable level of travel across Cambridgeshire and Peterborough and work in a variety of settings.
* Driving License and access to a car with ‘business insurance’ for work.
* Flexibility to work on occasions outside of the business hours 09:00 – 17:00.
* Evidence of a personal commitment to continuing professional development and to maintaining up-to-date professional knowledge.
* This post involves working with children and young people / and as such the post holder will be required to apply for a disclosure of criminal records at an enhanced level (DBS).

**6. SAFEGUARDING**

Everyone Health Ltd is committed to safeguarding and promoting the welfare of the adults, young people and children who use the services. All staff have a responsibility to report any identified concerns of abuse or exploitation through the appropriate route in line with the respective policies and procedures.